

Table 5A.5.1: Self-Reported Activity Limitations Due to Fracture or Bone/Joint Injury for Persons Aged 18 and Over, United States 2013-2015

Total Respondents with Fracture, Bone/Joint Injury (in 000s)	1,987.3
	Proportion with Fracture, Bone/Joint Injury and Limitation
Activity Limitation Reported [1]	[2]
Reach Over Head Without Special Equipment	29.8%
Stoop, Bend, or Kneel Without Special Equipment	26.1%
Sit 2 Hours Without Special Equipment	25.7%
Go Out to Events Without Special Equipment	24.6%
Stand 2 Hours Without Special Equipment	24.0%
Push Large Objects Without Special Equipment	23.4%
Participate in Social Activities Without Special Equipment	23.2%
Climb 10 Steps Without Special Equipment	23.0%
Lift/Carry 10 Pounds Without Special Equipment	22.5%
Difficulty Walking Without Equipment	22.3%
Relax At Home Without Special Equipment	20.9%
Grasp Small Objects Without Special Equipment	20.5%

[1] Responded flagged "yes" when asked if limited in play, education, personal care, work, memory, or in any other way, and responded "very difficult" or "can't do at all" for activity.

[2] Responded "yes" to fracture or bone/joint injury when asked "What condition or health problem causes you to have difficulty with or need help with the following activities . . . ?"

Source: National Health Interview Survey (NHIS)_ Injury database, 2013, 2014, 2015. www.cdc.gov/nchs/nhis/