

Table 3A.4.2.4: Limitations in Activities of Daily Living (ADL) Due to Self-Reported Doctor-Diagnosed Arthritis and Arthritis-Attributed Activity Limitations Among Adults Age 18 and Older, by Geographic Region, United States 2013-2015

	Adults Reporting Limitation Due to Self-Reported Doctor-Diagnosed Arthritis [1]									
	Northeast (in 1,000s)	Rate Per 100 Population [2]	Midwest (in 1,000s)	Rate Per 100 Population [2]	South (in 000s)	Rate Per 100 Population [2]	West (in 000s)	Rate Per 100 Population [2]	Total (in 1,000s)	Rate Per 100 Population [2]
Any ADL	1,398.4	3.1	1,789.3	3.4	3,295.8	3.6	1,555.1	2.7	8,038.6	3.2
<u>MusculoskeletalRelated ADL (below)</u>	949.3	2.1	1,180.8	2.3	2,071.8	2.3	1,058.8	1.8	5,260.8	2.1
Need help with routine needs	491.7	1.1	640.0	1.2	1,086.5	1.2	600.7	1.0	2,818.8	1.1
Help with personal care	276.6	0.6	292.4	0.6	588.7	0.6	338.2	0.6	1,495.8	0.6
Difficulty walking without equipment	842.1	1.9	1,018.5	1.9	1,768.3	1.9	908.8	1.6	4,537.8	1.8
<u>Work Limitation (below)</u>	1,061.2	2.4	1,417.6	2.7	2,701.0	2.9	1,181.1	2.0	6,360.9	2.6
Unable to work NOW due to health [4]	688.3	1.5	915.0	1.7	1,849.9	2.0	773.5	1.3	4,226.7	1.7
Limited in kind or amount of work	372.8	0.8	502.7	1.0	851.1	0.9	407.6	0.7	2,134.3	0.9

	Adults Reporting Limitation Due to Any Medical Condition (4)									
	Northeast (in 1,000s)	Rate Per 100 Population [2]	Midwest (in 1,000s)	Rate Per 100 Population [2]	South (in 000s)	Rate Per 100 Population [2]	West (in 000s)	Rate Per 100 Population [2]	Total (in 1,000s)	Rate Per 100 Population [2]
Any ADL	6,070.5	13.6	8,310.2	15.8	13,826.6	15.0	7,377.7	12.6	35,585.0	14.7
<u>MusculoskeletalRelated ADL (below)</u>	3,147.5	7.0	4,163.4	7.9	7,039.2	7.7	3,868.3	6.6	18,218.4	7.4
Need help with routine needs	1,714.6	3.8	2,386.9	4.5	3,845.9	4.2	2,217.8	3.8	10,135.3	4.1
Help with personal care	1,001.5	2.2	1,118.6	2.1	2,094.3	2.3	1,315.4	2.3	5,529.8	2.2
Difficulty walking without equipment	2,438.9	5.5	3,145.0	6.0	5,352.7	5.8	2,985.9	5.1	13,922.5	5.6
<u>Work Limitation (below)</u>	4,653.8	10.4	6,701.5	12.8	11,070.6	12.0	5,653.3	9.7	28,079.1	11.3
Unable to work NOW due to health [4]	3,039.6	6.8	4,339.7	8.3	7,406.2	8.1	3,649.9	6.3	18,435.3	7.4
Limited in kind or amount of work	1,614.2	3.6	2,361.8	4.5	3,664.4	4.0	2,003.4	3.4	9,643.8	3.9

	Proportion of Adults With Any Limitation Whose Limitations Are Due to Self-Reported Doctor-Diagnosed Arthritis				
	Northeast	Midwest	South	West	Total
Any ADL	23%	22%	24%	21%	23%
<u>MusculoskeletalRelated ADL (below)</u>	30%	28%	29%	27%	29%
Need help with routine needs	29%	27%	28%	27%	28%
Help with personal care	28%	26%	28%	26%	27%
Difficulty walking without equipment	35%	32%	33%	30%	33%
<u>Work Limitation (below)</u>	23%	21%	24%	21%	23%
Unable to work NOW due to health [4]	23%	21%	25%	21%	23%
Limited in kind or amount of work	23%	21%	23%	20%	22%

[1] Responded "yes" when asked: Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

[2] Based on U.S. Census of Population estimate for July 1, 2013 for demographic group.

[3] Adjusted to working age population aged 18 and older.

Source: National Health Interview Survey (NHIS)_Adult sample, 2013, 2014, 2015. <http://www.cdc.gov/nchs/nhis/data-questionnaires-documentation.htm> July 23, 2016.