

Table 3A.4.2.1: Limitations in Activities of Daily Living (ADL) Due to Self-Reported Doctor-Diagnosed Arthritis and Arthritis-Attributed Activity Limitations Among Adults Age 18 and Older, by Sex, United States 2013-2015

Limitations	Adults with Self-Reported Doctor-Diagnosed Arthritis [1] Who Attribute Limitations to Arthritis [2]					
	Male (in 1,000s)	Rate Per 100 Population [3]	Female (in 1,000s)	Rate Per 100 Population [3]	Total (in 1,000s)	Rate Per 100 Population [3]
Any ADL	2,635.9	2.2	5,402.6	4.2	8,038.6	3.2
<u>Musculoskeletal Related ADL (below)</u>	1,606.2	1.3	3,654.6	2.9	5,260.8	2.1
Need help with routine needs	688.8	0.6	2,130.0	1.7	2,818.8	1.1
Help with personal care	400.8	0.3	1,095.0	0.9	1,495.8	0.6
Difficulty walking without equipment	1,417.6	1.2	3,120.2	2.5	4,537.8	1.8
<u>Work Limitation (below)</u>	2,141.3	1.8	4,219.6	3.3	6,360.9	2.6
Unable to work NOW due to health [4]	1,409.3	1.2	2,817.4	2.2	4,226.7	1.7
Limited in kind or amount of work	732.0	0.6	1,402.3	1.1	2,134.3	0.9

Limitations	Adults with Any Medical Condition (5) Reporting Limitations for All Causes					
	Male (in 000s)	Rate Per 100 Population [3]	Female (in 1,000s)	Rate Per 100 Population [3]	Total (in 1,000s)	Rate Per 100 Population [3]
Any ADL	15,774.6	13.1	19,810.4	15.6	35,585.0	14.4
<u>Musculoskeletal Related ADL (below)</u>	7,371.6	6.1	10,846.8	8.5	18,218.4	7.4
Need help with routine needs	3,743.6	3.1	6,391.7	5.0	10,135.3	4.1
Help with personal care	2,174.0	1.8	3,355.8	2.6	5,529.8	2.2
Difficulty walking without equipment	4,507.0	3.7	8,310.8	6.5	13,922.5	5.6
<u>Work Limitation (below)</u>	12,721.0	10.5	15,358.1	12.1	28,079.1	11.3
Unable to work NOW due to health [4]	8,247.9	6.8	10,187.4	8.0	18,435.3	7.4
Limited in kind or amount of work	4,473.1	3.7	5,170.7	4.1	9,643.8	3.9

Limitations	Proportion of Adults With Any Limitation Whose Limitations Are Due to Self-Reported Doctor-Diagnosed Arthritis		
	Male	Female	Total
Any ADL	17%	27%	23%
<u>Musculoskeletal Related ADL (below)</u>	22%	34%	29%
Need help with routine needs	18%	33%	28%
Help with personal care	18%	33%	27%
Difficulty walking without equipment	31%	38%	33%
<u>Work Limitation (below)</u>	17%	27%	23%
Unable to work NOW due to health [4]	17%	28%	23%
Limited in kind or amount of work	16%	27%	22%

[1] Responded "yes" when asked: Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

[2] Responded "arthritis/rheumatism" when asked: What conditions or health problems cause limitations?

[3] Based on U.S. Census of Population estimate for July 1, 2013, for sex group.

[4] Adjusted to working age population age 18 and older.

Source: National Health Interview Survey (NHIS)_Person sample, 2013, 2014, 2015. <http://www.cdc.gov/nchs/nhis/data-questionnaires-documentation.htm> July 23, 2016.