

Table 2A.5: Trend in Physician Visits for Back Pain, United States 1998-2013**Total Visits with Any Back Pain Diagnoses**

	Visits (in 000s)							
	<u>1998</u>	<u>2000</u>	<u>2002</u>	<u>2004</u>	<u>2006</u>	<u>2008</u>	<u>2010</u>	<u>2013</u>
Lumbar/Low Back Pain								
Back Disorders	15,855.0	16,151.1	20,040.2	21,813.3	24,067.4	28,248.1	31,196.4	38,207.8
Disc Disorders	3,004.1	3,727.5	4,997.5	6,497.3	6,977.5	5,267.3	8,723.9	8,206.5
Back Injury	5,252.3	6,835.0	7,351.4	5,454.2	6,888.6	2,966.7	4,929.1	4,493.9
Total, Back Pain	23,037.0	25,018.9	29,145.6	31,539.9	34,944.7	34,064.7	40,903.3	45,757.3
Cervical/Neck Pain								
Neck Disorders	4,337.3	4,806.5	6,691.6	8,637.7	6,221.8	7,419.1	8,764.9	11,997.6
Disk Disorders	567.5	867.9	1,266.0	1,689.6	1,528.7	1,730.5	2,103.1	2,824.4
Neck Injury	4,324.2	2,936.2	4,776.9	3,444.8	2,211.1	10,642.4	2,317.7	2,786.3
Total, Cervical Back Pain	8,922.2	8,266.3	11,726.9	13,104.0	9,513.1	10,642.4	16,310.5	15,726.1
All Back Pain (Lumbar and Cervical) [1]								
Total Visits	31,959.2	33,285.2	40,872.5	44,643.9	44,457.8	43,014.1	50,656.9	57,134.3

Rate of Total Visits with Any Back Pain Diagnoses

	Visits per 100 Persons in Total Population [2]							
	<u>1998</u>	<u>2000</u>	<u>2002</u>	<u>2004</u>	<u>2006</u>	<u>2008</u>	<u>2010</u>	<u>2013</u>
Lumbar/Low Back Pain								
Back Disorders	5.9	5.7	6.9	7.4	8.1	9.4	10.1	12.1
Disc Disorders	1.1	1.3	1.7	2.2	2.3	1.8	2.8	2.6
Back Injury	1.9	2.4	2.5	1.8	2.3	1.0	1.6	1.4
Total, Back Pain	8.5	8.8	10.0	10.6	11.7	11.4	13.2	14.5
Cervical/Neck Pain								
Cervical Disorders	1.6	1.7	2.3	2.9	2.1	2.5	2.8	3.8
Disk Disorders	0.2	0.3	0.4	0.6	0.5	0.6	0.7	0.9
Neck Injury	1.6	1.0	1.6	1.2	0.7	3.6	0.8	0.9
Total, Cervical Back Pain	3.3	2.9	4.0	4.4	3.2	3.6	5.3	5.0
All Back Pain (Lumbar and Cervical)								
Total Visits	11.8	11.7	14.0	15.1	14.9	14.4	16.4	18.1

[1] Total visits may be lower than sum of diagnoses due to multiple diagnoses per patient

[2] Adjusted to U.S. Census Population Estimates for data year. There is the potential for multiple diagnoses per person which is not accounted for.

[3] Source: National Ambulatory Medical Care Survey (NAMCS), 2013. www.cdc.gov/nchs/ahcd/ahcd_questionnaires.htm January 14, 2016.