

Table 2A.13.4: Bed and Lost Work Days Associated with Back Pain for Persons Aged 18 and Over in Workforce Previous 12 Months, by Geographic Region, United States 2015

	Incidence of Condition (in 1,000s) [1]	% of Workforce	Persons in Workforce with Incidence of Condition and Bed Days				Persons in Workforce with Incidence of Condition and Lost Work Days				
			Incidence of Bed Days		Average Number of Bed Days in Past 12 Months		Incidence of Lost Work Days		Average Number of Work Days Lost in Past 12 Months		Total Lost Work Days
			(in 1,000s) [2]	% of Workforce	Total Bed Days (in 1,000s)		(in 1,000s) [3]	% of Workforce	Total Lost Work Days (in 1,000s)		
Back/Neck Problem Causes Difficulty with Activity											
Northeast	2,354.7	8.4%	1,310.9	4.7%	12.5	16,386	1,284.5	4.6%	18.4	76,062	
Midwest	3,246.4	8.5%	1,667.5	4.4%	15.5	25,846	1,659.9	4.3%	15.8	97,273	
South	4,396.9	7.5%	2,416.9	4.1%	9.1	21,994	2,410.5	4.1%	11.6	99,779	
West	3,163.9	8.3%	1,646.4	4.3%	7.7	12,677	1,839.6	4.8%	11.3	70,479	
Total	13,161.8	8.0%	7,041.8	4.3%	10.9	76,756	7,194.4	4.4%	13.7	344,269	
Neck Pain in Past 3 Months											
Northeast	3,985.6	14.2%	2,104.7	7.5%	9	18,942	2,124.9	7.6%	10.7	22,736	
Midwest	5,173.3	13.5%	2,446.2	6.4%	12.3	30,088	2,808.8	7.3%	15.7	44,098	
South	7,550.6	12.8%	3,862.4	6.6%	8.7	33,603	4,150.3	7.0%	11.4	47,313	
West	6,179.5	16.1%	3,120.3	8.1%	7.6	23,714	3,260.3	8.5%	9.7	31,625	
Total	22,889.0	14.0%	11,533.6	7.1%	9.2	106,109	12,344.3	7.5%	11.8	145,663	
Low Back Pain in Past 3 Months											
Northeast	7,695.1	27.4%	3,410.6	12.2%	7.6	25,921	3,330.7	11.9%	12.3	40,968	
Midwest	10,267.4	26.9%	4,661.5	12.2%	11.1	51,743	5,208.9	13.6%	13.0	67,716	
South	15,122.7	25.7%	6,655.3	11.3%	7.8	51,911	7,012.2	11.9%	9.8	68,720	
West	10,628.3	27.7%	4,567.2	11.9%	6.8	31,057	4,970.8	13.0%	10.0	49,708	
Total	43,713.8	26.7%	19,294.7	11.8%	8.3	160,146	20,522.6	12.5%	11.1	227,801	
Radiating Leg Pain (with Low Back Pain)											
Northeast	2,301.5	8.2%	1,056.6	3.8%	13.3	14,053	1,099.0	3.9%	11.9	13,078	
Midwest	2,997.1	7.8%	1,462.2	3.8%	22.6	33,046	1,573.6	4.1%	20.7	32,574	
South	4,598.1	7.8%	2,505.3	4.2%	9.8	24,552	2,402.2	4.1%	14.0	33,631	
West	3,288.5	8.6%	1,469.1	3.8%	11.5	16,895	1,575.7	4.1%	15.4	24,266	
Total	13,185.3	8.1%	6,493.2	4.0%	13.6	88,308	6,650.6	4.1%	15.6	103,749	
All Spine Pain or Problems											
Northeast	9,205.4	32.8%	4,166.0	14.8%	6.8	28,329	4,133.8	14.7%	11.6	47,952	
Midwest	12,208.6	31.9%	5,501.1	14.4%	10.1	55,561	6,156.5	16.1%	12.1	74,494	
South	17,809.2	30.2%	7,963.8	13.5%	7.8	62,118	8,601.6	14.6%	9.7	83,436	
West	12,983.6	33.9%	5,708.6	14.9%	6.2	35,393	6,237.1	16.3%	9.2	57,381	
Total	52,206.7	31.9%	23,339.6	14.3%	7.8	182,049	25,129.1	15.4%	10.5	263,856	

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			Incidence of Bed Days (in 1,000s) [2]	% of Workforce	Average Number of Bed Days in Past 12 Months	Total Bed Days (in 1,000s)	Incidence of Lost Work Days (in 1,000s) [3]	% of Workforce	Average Number of Work Days Lost in Past 12 Months	Total Lost Work Days (in 1,000s)	
Workers with Bed or Lost Work Days Not Reporting Back or Neck Pain											
Northeast	18,857.0	67.2%	6,202.8	22.1%	3.6	22,330	8,126.4	29.0%	6.2	50,384	
Midwest	26,024.5	68.1%	8,276.5	21.6%	4.8	39,727	10,558.8	27.6%	6.0	63,353	
South	41,145.2	69.8%	12,251.6	20.8%	4.6	56,357	15,710.2	26.6%	6.4	100,545	
West	25,358.3	66.1%	8,012.6	20.9%	4.5	36,057	9,655.9	25.2%	8.9	85,938	
Total	111,385.1	68.1%	34,743.5	21.2%	4.4	152,871	44,051.2	26.9%	6.8	299,548	
						<u>TOTAL</u>	<u>Northeast</u>	<u>Midwest</u>	<u>South</u>	<u>West</u>	
Population age 18 & over in Workforce during past 12 months (in 1, 000s)						163,591.8	28,062.4	38,233.1	58,954.4	38,341.9	
2013 US Population by Geographic Region						247,773.7	44,678.7	52,478.4	91,883.7	58,330.2	
% Population in Workforce						66%	63%	73%	64%	66%	

[1] Replied "yes" when ask "During the PAST THREE MONTHS, did you have ...Low back pain?/ Neck pain?"

[2] A bed day is defined as 1/2 or more days in bed due to injury or illness in past 12 months, excluding hospitalization.

[3] A missed work day is defined as absence from work due to illness or injury in the past 12 months, excluding maternity or family leave.

Source: National Health Interview Survey (NHIS)_Adult sample, 2012. www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm July 2, 2013.