

Table 2A.13.2: Bed and Lost Work Days Associated with Back Pain for Persons Aged 18 and Over in Workforce Previous 12 Months, by Age, United States 2015

	Incidence of Condition (in 1,000s) [1]	% of Workforce	Persons in Workforce with Incidence of Condition and Bed Days				Persons in Workforce with Incidence of Condition and Lost Work Days				
			Incidence of Bed Days		Average Number of Bed Days in Past 12 Months		Incidence of Lost Work Days		Average Number of Work Days Lost in Past 12 Months		Total Lost Work Days
			(in 1,000s) [2]	% of Workforce	Total Bed Days (in 1,000s)		(in 1,000s) [3]	% of Workforce	Total Lost Work Days (in 1,000s)		
Back/Neck Problem Causes Difficulty with Activity											
18-44	5,551.3	6.0%	3,308.6	3.6%	8.9	29,447	3,315.0	3.6%	13.1	178,964	
45-64	6,541.0	10.5%	3,340.0	5.4%	1.8	6,012	3,563.1	5.7%	13.2	139,179	
65 & Over	1,069.5	11.5%	393.2	4.2%	19.9	7,825	316.3	3.4%	24.9	23,003	
Total	13,161.8	8.0%	7,041.8	4.3%	10.9	76,756	7,194.4	4.4%	13.7	344,269	
Neck Pain in Past 3 Months											
18-44	11,624.0	12.6%	6,167.8	6.7%	7.1	43,791	6,581.0	7.2%	8.6	56,597	
45-64	10,079.0	16.2%	4,922.5	7.9%	11.1	54,640	5,356.5	8.6%	15.7	84,097	
65 & Over	1,186.0	12.7%	443.4	4.8%	17.6	7,804	406.8	4.4%	12.6	5,126	
Total	22,889.0	14.0%	11,533.6	7.1%	9.2	106,109	12,344.3	7.5%	11.8	145,663	
Low Back Pain in Past 3 Months											
18-44	21,873.8	23.8%	10,325.7	11.2%	6.4	66,084	10,880.5	11.8%	9.0	97,925	
45-64	19,001.6	30.5%	8,111.0	13.0%	9.7	78,677	8,916.1	14.3%	13.0	115,909	
65 & Over	2,838.4	30.5%	858.0	9.2%	17.8	15,272	726.1	7.8%	18.6	13,505	
Total	43,713.8	26.7%	19,294.7	11.8%	8.3	160,146	20,522.6	12.5%	11.1	227,801	
Radiating Leg Pain (with Low Back Pain)											
18-44	5,442.6	5.9%	2,889.6	3.1%	11.5	33,230	2,982.5	3.2%	14.5	43,246	
45-64	6,726.7	10.8%	3,284.6	5.3%	14.5	47,627	3,396.7	5.5%	15.6	52,989	
65 & Over	1,016.0	10.9%	318.9	3.4%	24.2	7,717	271.4	2.9%	27.0	7,328	
Total	13,185.3	8.1%	6,493.2	4.0%	13.6	88,308	6,650.6	4.1%	15.6	103,749	
All Spine Pain or Problems											
18-44	26,438.7	28.7%	12,681.4	13.8%	6.2	78,625	13,661.4	14.8%	8.6	117,488	
45-64	22,409.7	36.0%	9,555.8	15.3%	9.0	86,002	10,543.9	16.9%	12.5	131,799	
65 & Over	3,358.4	36.1%	1,102.4	11.8%	14.9	16,426	923.8	9.9%	16.2	14,966	
Total	52,206.7	31.9%	23,339.6	14.3%	7.8	182,049	25,129.1	15.4%	10.5	263,856	
Workers with Bed or Lost Work Days Not Reporting Back or Neck Pain											
18-44	65,567.9	71.3%	21,856.3	23.8%	4.2	91,796	27,347.1	29.7%	5.8	158,613	
45-64	39,860.2	64.0%	11,501.6	18.5%	4.9	56,358	15,403.0	24.7%	8.5	130,926	
65 & Over	5,957.0	63.9%	1,385.6	14.9%	5.2	7,205	1,301.1	14.0%	8.4	10,929	
Total	111,385.1	68.1%	34,743.5	21.2%	4.4	152,871	44,051.2	26.9%	6.8	299,548	

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		Incidence of Bed Days (in 1,000s) [2]	% of Workforce	Average Number of Bed Days in Past 12 Months	Total Bed Days (in 1,000s)	Incidence of Lost Work Days (in 1,000s) [3]	% of Workforce	Average Number of Work Days Lost in Past 12 Months	Total Lost Work Days (in 1,000s)
					TOTAL				
Population age 18 & over in Workforce during past 12 months (in 1, 000s)					163,591.8	92,006.5	62,269.9	9,315.3	
2013 US Population by Age Group					247,773.7	114,754.9	83,084.0	44,704.1	
% Population in Workforce					66%	80%	75%	21%	
						<u>18-44</u>	<u>45-64</u>	<u>65 & Over</u>	

[1] Replied "yes" when ask "During the PAST THREE MONTHS, did you have ...Low back pain?/ Neck pain?"

[2] A bed day is defined as 1/2 or more days in bed due to injury or illness in past 12 months, excluding hospitalization.

[3] A missed work day is defined as absence from work due to illness or injury in the past 12 months, excluding maternity or family leave.

Source: National Health Interview Survey (NHIS)_Adult sample, 2012. www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm July 2, 2013.