

Table 2A.11.4: Limitations Due to Chronic Back or Neck Problems, by Geographic Region, United States 2015

	Limitation Due to Chronic [1] Back or Neck Problems									
	Persons Reporting Limitation (in 1,000s)					Rate Per 100 Population [2]				
	Total	Northeast	Midwest	South	West	Total	Northeast	Midwest	South	West
Any limitation	8,419.8	1,443.5	1,870.5	3,294.1	1,811.6	2.7	2.6	2.8	2.8	2.4
Need help with routine needs [3]	2,287.3	385.7	577.3	806.8	517.5	0.7	0.7	0.9	0.7	0.7
Help with personal care	1,189.2	192.1	279.1	391.4	326.6	0.4	0.3	0.4	0.3	0.4
Difficulty walking without equipment	3,489.7	579.2	730.7	1,427.7	752.1	1.1	1.0	1.1	1.2	1.0
Unable/limited work due to health [3]	4,876.2	773.4	1,028.2	2,044.8	1,029.8	1.5	1.4	1.5	1.7	1.4

	Persons Reporting Limitation Due to Any Health Condition									
	Persons Reporting Limitation (in 1,000s)					Rate Per 100 Population [2]				
	Total	Northeast	Midwest	South	West	Total	Northeast	Midwest	South	West
Any limitation	42,651.1	8,118.5	9,962.2	15,926.5	8,643.9	13.5	14.5	14.7	13.5	11.6
Need help with routine needs [3]	10,510.1	1,918.8	2,644.7	3,748.4	2,198.1	3.3	3.4	3.9	3.2	3.0
Help with personal care	6,316.7	1,187.8	1,540.5	2,116.7	1,471.8	2.0	2.1	2.3	1.8	2.0
Difficulty walking without equipment	14,076.0	2,553.7	3,136.0	5,372.0	3,014.3	4.5	4.6	4.6	4.5	4.1
Unable/limited work due to health [3]	18,865.1	3,374.7	4,499.7	7,309.9	3,680.8	6.0	6.0	6.7	6.2	5.0

	Proportion of All Persons With Limitations Where Limitations Are Due to Chronic Back or Neck Problems				
	Total	Northeast	Midwest	South	West
Any limitation	19.7%	17.8%	18.8%	20.7%	21.0%
Need help with routine needs [3]	21.8%	20.1%	21.8%	21.5%	23.5%
Help with personal care	18.8%	16.2%	18.1%	18.5%	22.2%
Difficulty walking without equipment	24.8%	22.7%	23.3%	26.6%	25.0%
Unable/limited work due to health [3]	25.8%	22.9%	22.9%	28.0%	28.0%

[1] Condition lasting 3 months or longer.

[2] Based on U.S. Census of Population estimate. Source: United States Census Bureau, Population Division. Annual Estimates of the Resident Population: April 1, 2010 to July 1, 2015. American Fact Finder. <http://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?src=bkm> Accessed July 24, 2016.

[3] Asked of adult population (age 18 and older) only.

Source: National Health Interview Survey (NHIS)_Injury database, 2015. <http://www.cdc.gov/nchs/nhis/data-questionnaires-documentation.htm> July 23, 2016.