

Table 1.7.1: Self-Reported Need for Assistance¹ in Performing Activities of Daily Living (ADL) for Persons Due to Select Medical Conditions, United States 2015

Condition	Proportion of Persons with Select Medical Conditions Who Have Difficulty or Cannot Do Daily Activities [1]												% With Limitations from Condition Needing Assistance	Total Persons With Limitations from Condition (in Millions)
	Without Special Equipment						Push/Pull							
	Walk 3 Blocks	Climb 10 Steps	Stand 2 Hours	Sit 2 Hours	Stoop	Reach	Grasp	Carry 10 Pounds	Large Object	Shop	Social Activities	Relaxing		
Musculoskeletal [2]	31.5%	17.5%	42.7%	22.5%	51.6%	15.6%	14.6%	21.4%	29.4%	20.1%	15.2%	6.3%	57%	64.062
Circulatory [3]	62.3%	51.5%	67.3%	31.9%	57.2%	41.0%	29.6%	44.3%	52.9%	38.9%	30.8%	14.5%	69%	9.555
Other Conditions	39.5%	30.6%	37.8%	23.4%	50.7%	19.5%	16.6%	26.8%	34.1%	26.5%	21.4%	7.4%	60%	9.385
Emotional/Mental Disorders [4]	40.6%	30.8%	49.2%	36.4%	50.4%	23.7%	21.8%	27.9%	37.1%	42.1%	47.0%	20.3%	70%	5.489
Nervous System Disorders	49.2%	41.4%	61.6%	34.3%	60.7%	29.0%	37.0%	45.4%	49.0%	42.3%	36.1%	13.5%	73%	5.252
Respiratory [5]	62.7%	51.8%	62.9%	29.4%	62.3%	24.7%	23.7%	39.2%	48.1%	38.4%	30.2%	13.2%	69%	4.947
Diabetes	71.8%	58.7%	73.7%	34.5%	74.5%	41.0%	32.9%	50.8%	53.5%	48.0%	36.4%	17.2%	72%	3.753
Vision Problems	63.8%	54.7%	65.4%	35.1%	69.4%	36.6%	34.4%	47.6%	53.4%	48.5%	39.3%	22.9%	76%	2.695
Aging	37.4%	29.0%	44.7%	10.0%	43.3%	16.7%	14.7%	24.3%	32.4%	24.0%	19.4%	*	49%	2.296
Hearing Problems	63.6%	50.3%	70.6%	29.8%	74.1%	36.0%	37.2%	43.9%	55.6%	47.2%	39.5%	19.8%	74%	1.754
Tumors [6]	54.8%	44.5%	70.9%	33.8%	77.0%	28.5%	22.4%	43.7%	57.3%	41.4%	33.5%	17.3%	72%	1.688
Birth/Mental/Developmental Defects [7]	50.6%	30.2%	57.1%	29.3%	50.3%	19.3%	17.8%	30.3%	44.1%	52.7%	43.0%	*	60%	1.456
Total All Conditions	33.8%	24.9%	41.8%	20.4%	48.0%	15.1%	14.2%	21.2%	29.0%	17.8%	16.5%	6.3%	56%	82.096
Prevalence of Need for Assistance in Persons Reporting Select Medical Conditions per 100 Population														
Musculoskeletal [2]	8.1	4.5	11.0	5.8	13.3	4.0	3.8	5.5	7.6	5.2	3.9	1.6	14.7	25.9
Circulatory [3]	2.4	2.0	2.6	1.2	2.2	1.6	1.1	1.7	2.0	1.5	1.2	0.6	2.7	3.9
Other Conditions	1.5	1.2	1.4	0.9	1.9	0.7	0.6	1.0	1.3	1.0	0.8	0.3	2.3	3.8
Emotional/Mental Disorders [4]	0.9	0.7	1.1	0.8	1.1	0.5	0.5	0.6	0.8	0.9	1.0	0.4	1.5	2.2
Nervous System Disorders	1.0	0.9	1.3	0.7	1.3	0.6	0.8	1.0	1.0	0.9	0.8	0.3	1.5	2.1
Respiratory [5]	1.3	1.0	1.3	0.6	1.2	0.5	0.5	0.8	1.0	0.8	0.6	0.3	1.4	2.0
Diabetes	1.1	0.9	1.1	0.5	1.1	0.6	0.5	0.8	0.8	0.7	0.6	0.3	1.1	1.5
Vision Problems	0.7	0.6	0.7	0.4	0.8	0.4	0.4	0.5	0.6	0.5	0.4	0.2	0.8	1.1
Aging	0.3	0.3	0.4	0.1	0.4	0.2	0.1	0.2	0.3	0.2	0.2	*	0.5	0.9
Hearing Problems	0.5	0.4	0.5	0.2	0.5	0.3	0.3	0.3	0.4	0.3	0.3	0.1	0.5	0.7
Tumors [6]	0.4	0.3	0.5	0.2	0.5	0.2	0.2	0.3	0.4	0.3	0.2	0.1	0.5	0.7
Birth/Mental/Developmental Defects [7]	0.3	0.2	0.3	0.2	0.3	0.1	0.1	0.2	0.3	0.3	0.3	*	0.6	0.6
Total All Conditions	11.2	8.3	13.8	6.8	15.9	5.0	4.7	7.0	9.6	5.9	5.5	2.1	18.6	33.1

* Does not meet standards for reliability.

[1] Responded "somewhat difficult", "very difficult", or "can't do at all" when asked how difficult it was to do a task.

[2] Includes arthritis/rheumatism, bone/joint injury, back/neck problem, amputated limb, and musculoskeletal/ connective tissue problem.

[3] Includes heart problem, stroke, high blood pressure, circulation problem (including blood clots), and blood condition.

[4] Includes depression/anxiety/emotional problems and mental health conditions (ADD, Schizophrenia/Bipolar).

[5] Includes lung/breathing problem.

[6] Includes cancer and benign tumors.

[7] Includes intellectual disability, birth defects, and developmental problems (e.g., cerebral palsy).

Source: National Health Interview Survey (NHIS)_Adult Sample, 2015. <http://www.cdc.gov/nchs/nhis/data-questionnaires-documentation.htm> July 23, 2016.