

Table 5E.3.5: Distribution of Injury by Body Part for Practices and Games for 15 Sports, National Collegiate Athletic Association, 1989-1999 through 2003-2004

	Proportion of Injuries	
	<u>Games</u>	<u>Practices</u>
Head/ Neck	9.8%	12.8%
Upper Extremity	18.3%	21.4%
Trunk/ Back	13.2%	10.0%
Lower Extremity	53.8%	53.7%
Other/ System	4.9%	2.2%

Source: Hootman JM, Dick R, Agel J. Epidemiology of Collegiate Injuries for 15 Sports: Summary and Recommendations for Injury Prevention Initiatives. *Journal of Athletic Training* 2007;42(2):311-319.

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