

**Table 5E.2.2:** Type of Injury Diagnosed in High School Sports-Related Injury Surveillance Study and Outcome, by Source of Exposure, United States, 2017-2018 School Year

<u>Type of Injury</u>	<u>% of Total</u>		<u>Total Injuries</u>
	<u>Competition Injury</u>	<u>Practice Injury</u>	
Sprain/strain	42%	50%	
Contusion	13%	6%	
Fracture	9%	7%	
Concussion	24%	11%	
Other	12%	26%	
<b>Total injuries</b>	<b>796,999</b>	<b>568,294</b>	<b>1,365,293</b>
Required surgery	6.3%	5.0%	5.7%
Out for ≥ 7 days	42.0%	33.0%	

Source: Comstock RD, Pierpoint LA, Arakkal A, Bihl JH. National high school sports-related injury surveillance study, summary report, 2017-2018 school year. Figure 2.1 High School RIO. [www.ucdenver.edu/ResearchProjects/piper/projects/RIO/Documents.aspx](http://www.ucdenver.edu/ResearchProjects/piper/projects/RIO/Documents.aspx). Accessed August 26, 2019.