

**Table 5E.2.1: High School Sports-Related Injury Rates, by Sport and Type of Exposure, United States, 2017-2018 School Year<sup>[1]</sup>**

	# Injuries	# Exposures [2]	Injury Rate (per 1,000 athlete- exposures)	Nationally Estimated # Injuries
Overall total	4,105	1,674,494	2.45	1,367,490
Competition	2,349	481,465	4.88	798,220
Practice	1,756	1,193,029	1.47	569,270
Boys' football total	1761	406,379	4.33	463,626
Competition	1050	74,308	14.13	281,790
Practice	711	332,071	2.14	181,836
Boys' soccer total	346	178,489	1.94	180,607
Competition	218	55,583	3.92	113,655
Practice	128	122,906	10.10	66,952
Girls' soccer total	432	153,235	2.82	242,602
Competition	275	47,133	5.83	152,993
Practice	157	106,102	1.48	89,609
Girls' volleyball total	247	160,117	1.54	67,163
Competition	122	55,944	2.18	33,075
Practice	125	104,173	1.20	34,088
Boys' basketball total	324	210,119	1.54	93,773
Competition	176	64,289	2.74	48,814
Practice	148	145,830	1.01	44,959
Girls' basketball total	332	154,149	2.15	90,554
Competition	199	48,258	4.12	53,834
Practice	133	105,891	1.26	36,720
Boys' wrestling total	351	132,408	2.65	103,058
Competition	153	35,553	4.30	48,770
Practice	198	96,855	2.04	54,288
Boys' baseball total	155	162,487	0.95	49,716
Competition	76	59,229	1.28	26,844
Practice	76	103,258	0.77	22,872
Girls' softball total	157	117,111	1.34	76,391
Competition	80	41,168	1.94	38,445
Practice	77	75,943	1.01	37,946

[1] Includes injuries resulting in  $\geq 1$  days' time loss.

[2] Exposures are the total number of athlete-competitions plus athlete-practices for all schools.

Source: Comstock RD, Pierpoint LA, Arakkal A, Bihl JH. National high school sports-related injury surveillance study, summary report, 2017-2018 school year. Table 2.1 High School RIO.

[www.ucdenver.edu/ResearchProjects/piper/projects/RIO/Documents.aspx](http://www.ucdenver.edu/ResearchProjects/piper/projects/RIO/Documents.aspx). Accessed August 26, 2019.