Table 5E.1.2.1: Share of Average Yearly Injuries Resulting from Participation in Sports Activities and Severe Enough to be Treated in Emergency Departments, by Sport Activity and Age, United States 2014-2016

|  | Proportion of Total Musculoskeletal Injuries |  |  |  |  |  |  | Total Musculoskeletal Injuries (in 000s) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\leq 2$ | 2 to 12 | 13 to 18 | 19 to 24 | $\underline{25}$ to 44 | 45 to 64 | 65 \& Over |  |
| TEAM SPORTS [1] |  |  |  |  |  |  |  |  |
| Baseball/Softball | * | 26.7\% | 36.1\% | 8.2\% | 22.5\% | 5.9\% | 1.4\% | 136.8 |
| Basketball | * | 18.0\% | 46.3\% | 18.1\% | 16.0\% | 2.4\% | 0.2\% | 345.6 |
| Football | * | 28.4\% | 52.7\% | 8.8\% | 8.8\% | 1.1\% | * | 267.7 |
| Hockey (Field/Ice/Roller) | * | 13.9\% | 55.8\% | 11.8\% | 14.3\% | 3.8\% | * | 30.3 |
| Soccer | * | 29.3\% | 42.7\% | 11.4\% | 13.7\% | 2.6\% | * | 157.3 |
| Volleyball | * | 13.7\% | 53.6\% | 9.9\% | 15.8\% | 6.3\% | * | 40.9 |
| Total Team Sports | 0.0\% | 23.6\% | 47.1\% | 12.0\% | 14.0\% | 2.8\% | 0.3\% | 978.6 |
| INDIVIDUAL SPORTS |  |  |  |  |  |  |  |  |
| All Terrain Vehicles/Motorized Bikes [2] | * | 16.5\% | 19.8\% | 16.1\% | 32.5\% | 12.4\% | 2.5\% | 141.5 |
| Ball Sports [3] | * | 30.9\% | 24.5\% | 5.7\% | 16.1\% | 12.3\% | 10.5\% | 53.3 |
| Bicycle/Wheeled [4] | 0.2\% | 31.8\% | 14.5\% | 8.5\% | 19.8\% | 18.8\% | 6.1\% | 312.8 |
| Contact Sports [5] | * | 15.9\% | 42.6\% | 14.1\% | 22.0\% | 5.1\% | * | 57.6 |
| Fitness Training [6] | 0.2\% | 8.5\% | 15.1\% | 13.9\% | 35.0\% | 18.6\% | 8.6\% | 256.6 |
| Gymnastics/Cheerleading/Dancing [7] | * | 34.4\% | 38.3\% | 8.4\% | 10.3\% | 5.4\% | 3.0\% | 88.5 |
| Mountain Climbing | * | 8.9\% | 10.9\% | 26.1\% | 43.2\% | * | * | 3.3 |
| Playground Equipment [8] | 2.0\% | 85.3\% | 4.7\% | 1.6\% | 3.0\% | 1.3\% | 0.4\% | 146.9 |
| Skating [9] | * | 29.1\% | 31.7\% | 16.0\% | 16.4\% | 6.1\% | 0.7\% | 145.6 |
| Snow Sports [10] | * | 20.9\% | 26.1\% | 14.8\% | 22.1\% | 13.4\% | 0.0\% | 45.1 |
| Track and Field [11] | * | 17.6\% | 64.9\% | 3.6\% | 9.1\% | 3.8\% | * | 17.8 |
| Water Sports [12] | * | 24.7\% | 16.4\% | 10.4\% | 26.0\% | 15.2\% | 6.9\% | 71.5 |
| Other Activities [13] | 0.3\% | 43.2\% | 20.1\% | 6.1\% | 13.5\% | 10.3\% | 6.0\% | 230.7 |
| Total Individual Sports | 0.3\% | 31.7\% | 20.3\% | 10.1\% | 20.3\% | 12.1\% | 4.7\% | 1,571.2 |
|  |  |  |  |  |  |  |  | - |
| Total Team and Individual Sports | 0.2\% | 28.6\% | 30.6\% | 10.8\% | 17.9\% | 8.6\% | 3.0\% | 2,549.8 |

## * Does not meet standards for reliability.

[1] Includes both organized and informal team sports.
[2] Includes snowmobiles, ATVs, dune buggies, mopeds, and other power-assisted bikes, carts, scooters, and boats.
[3] Includes table tennis, tetherball, handball, badminton, squash, tennis, and other sports played with a small ball.
[4] Includes bicycles, tricycles, scooters, and unpowered wheel riding toys.
[5] Includes boxing, wrestling, and martial arts.
[6] Includes exercise with and without equipment and weightlifting.
[7] Includes organized and informal gymnastics, cheerleading, and dancing.
[8] Includes slides, see-saws, monkey bars and climbing apparatus, swings, pogo sticks, and other playground equipment.
[9] Includes roller and ice skating, in-line skates, and skateboards.
[10] Includes sleds, toboggans, snow disks, snow tubing, snow skiing, and snowboarding.
[11] Includes all track and field activities.
[12] Includes wading and swimming pools, diving, water slides, tubing, water skiing, surfing, water polo, and all activities performed in the act of swimming or on flotation devices.
[13] Includes all other athletic or play activities, including amusement attractions, archery, bowling, fencing, fishing, air guns, golfing, horseback riding, horseshoes, skeet shooting, trampolines, and tree or play houses.
Source: United States Consumer Product Safety Commission. National Electronic Injury Surveillance System, 2014, 2015, 2016. https://www.cpsc.gov/Research--Statistics Accessed November 15,2017.

