Table 5A.3.1: Type of Self-Reported Medically-Consulted Musculoskeletal Injuries In Past Three Months and Anatomic Location, by Sex, United States 2013-2015

| | Proportion of Musculoskeletal Injury Episodes Reported [1] | | | Number of Injuries Previous | Extrapolated Annual Number |
|---------------------------------|---|---------------|--------------|--------------------------------|-------------------------------|
| Type of Injury | Sex | | | 3-Months | of Injuries |
| | Male | <u>Female</u> | <u>Total</u> | (in 000s) | (in 000s) |
| Fracture | 17.4% | 20.4% | 18.9% | 1,336.7 | 5,346.8 |
| Sprain/ Strain | 36.0% | 38.1% | 37.1% | 2,620.7 | 10,482.8 |
| Cut | 14.4% | 7.4% | 10.9% | 767.7 | 3,070.8 |
| Scrape or Bruise | 13.4% | 18.4% | 15.9% | 1,126.2 | 4,504.8 |
| Other Injury | 18.8% | 15.7% | 17.2% | 1,218.9 | 4,875.6 |
| Location of Injury | | | | | |
| Neck/Back/Spine | 15.9% | 15.1% | 15.5% | 1,098.7 | 4,394.8 |
| Upper Extremity | 42.3% | 30.5% | 36.3% | 2,574.1 | 10,296.4 |
| Lower Extremity | 38.8% | 51.5% | 45.2% | 3,204.9 | 12,819.6 |
| Torso | 3.1% | 3.0% | 3.0% | 213.7 | 854.8 |
| Total Injury Episodes (in 000s) | 3,504.8 | 3,586.5 | 7,091.3 | 7,091.3 | 28,365.2 |

^[1] All medically-consulted injury/poisoning episodes reported occurring in the previous three months.

Source: National Health Interview Survey (NHIS) Injuries & Poisoning Database, 2013, 2014, 2015. www.cdc.gov/nchs/nhis/