Table 4.7: Bed and Lost Work Days Associated with Self-Reported Doctor-Diagnosed Arthritis and With Any Medical Conditions for Adults Age 18 and Over, by Sex, United States 2012

| Condition |  | Bed Days |  |  |  | Lost Work Days |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| All Adults Aged 18 and Over |  | All Adults Aged 18 and Over |  |  |  | Adults in Workforce Past 12 Months |  |  |  |
| Adults with |  | Average |  |  |  |  |  | Average |  |
|  |  | Number |  |  |  | Adults with |  | Number |  |
| Reported | \% Total | Adults with | \% of | Bed Days in | Total Bed | Lost Work | \% of | Work Days | Total Lost |
| Condition [1] | Population | Bed Days [4] | Total | Past 12 | Days | Days [5] | Total | Lost in Past | Work Days |
| (in 000s) | [3] | (in 000s) | Population | Months | (in millions) | (in 000s) | Population | 12 Months | (in millions) |

## Adults With Self-Reported Doctor-Diagnosed Arthritis [1]

| Sex |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Male | 21,426 | 18.8\% | 8,101 | 7.1\% | 21.2 | 171.7 | 4,973 | 4.4\% | 14.1 | 70.1 |
| Female | 31,094 | 25.7\% | 14,301 | 11.8\% | 25.7 | 367.5 | 7,063 | 5.8\% | 14.4 | 101.7 |
| Total | 52,520 | 22.3\% | 22,402 | 9.5\% | 24.0 | 537.6 | 12,036 | 5.1\% | 14.3 | 172.1 |
| Age |  |  |  |  |  |  |  |  |  |  |
| 18 to 44 Years | 8,084 | 7.2\% | 4,485 | 4.0\% | 23.7 | 106.3 | 3,364 | 3.0\% | 12.7 | 42.7 |
| 45 to 64 Years | 24,566 | 30.0\% | 11,704 | 14.3\% | 23.8 | 278.6 | 7,651 | 9.4\% | 14.6 | 111.7 |
| 65 to 74 Years | 10,648 | 48.7\% | 3,522 | 16.1\% | 22.2 | 78.2 | 862 | 3.9\% | 17.0 | 14.7 |
| 75 Years \& Older | 9,222 | 49.5\% | 2,691 | 14.5\% | 28.1 | 75.6 | 159 | 0.9\% | 16.6 | 2.6 |
| Total | 52,520 | 22.3\% | 22,402 | 9.5\% | 24.0 | 537.6 | 12,036 | 5.1\% | 14.3 | 172.1 |

Adults Reporting Any Medical Condition [2]
Sex

| Male | 83,801 | $73.4 \%$ |  |  |  |  |  |  |  |  |
| :--- | ---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Female | 96,008 | $79.3 \%$ | 28,968 | $25.4 \%$ | 13.1 | 378.3 | 24,846 | $21.8 \%$ | 10.0 | 248.5 |
| Total | 179,809 | $76.4 \%$ | 40,837 | $33.7 \%$ | 15.6 | 636.6 | 28,328 | $23.4 \%$ | 9.8 |  |

Age

|  |  |  |  |  |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| 18 to 44 Years | 73,851 | $65.4 \%$ | 32,560 | $28.8 \%$ | 9.9 | 322.3 | 29,431 | $26.1 \%$ | 7.9 | 232.5 |
| 45 to 64 Years | 68,318 | $83.5 \%$ | 26,792 | $32.8 \%$ | 17.4 | 465.4 | 21,809 | $26.7 \%$ | 12.1 | 263.9 |
| 65 to 74 Years | 20,757 | $95.0 \%$ | 6,035 | $27.6 \%$ | 18.1 | 109.4 | 1,676 | $7.7 \%$ | 14.3 |  |
| 75 Years \& Older | 16,883 | $90.7 \%$ | 4,419 | $23.7 \%$ | 26.7 | 117.8 | 24.0 |  |  |  |
| Total | 179,809 | $76.4 \%$ | 69,805 | $29.7 \%$ | 14.5 | $1,015.0$ | 258 | $1.4 \%$ | 17.7 |  |

[1] Responded "yes" when asked: Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?
[2] Responded "yes" when asked if have a medical condition, including circulatory (coronary, heart), respiratory, musculoskeletal, hearing trouble, seeing trouble, emotional disorder, mental health disorder, diabetes, cancer, recurring severe headaches, cognitive function issue, or sleeping issue. Respondents may indicate more than one medical condition.
[3] Age-adjusted by direct method to US Census population estimate for July 1, 2010. Source: United States: 2010 Summary Population and Housing Characteristics, 2010 Census of Population and Housing. Issued January 2013. United States Census Bureau, U. S. Department of Commerce. http://www.census.gov/prod/cen2010/cph-1-1.pdf (September 16, 2013).
[4] A bed day is defined as $1 / 2$ or more days in bed due to injury or illness in past 12 months, excluding hospitalization.
[5] A missed work day is defined as absence from work due to illness or injury in the past 12 months, excluding maternity or family leave.
Source: National Health Interview Survey (NHIS)_Adult sample,2010-2012. www.cdc.gov/nchs/nhis/nhis 2012 data release.htm July 2, 2013.

