

**Table 4.6.3:** Limitations Due to Self-Reported Doctor-Diagnosed Arthritis and Arthritis-Attributed Activity Limitations Among Adults Age 18 and Older, by Race, United States 2010-20126

	Adults Reporting Limitation Due to Self-Reported Doctor-Diagnosed Arthritis [1]								Total (in 1,000s)	Rate Per 100 Population [2]
	White (in 1,000s)	Rate Per 100 Population [2]	Black (in 1,000s)	Rate Per 100 Population [2]	Asian (in 000s)	Rate Per 100 Population [2]	Other or Mixed (in 000s)	Rate Per 100 Population [2]		
Any limitation	6,035.0	3.3	1,233.5	4.5	172.0	2.7	125.4	1.1	7,565.9	3.2
Need help with routine needs	2,014.0	1.1	447.6	1.6	79.6	1.3	44.0	0.4	2,585.2	1.1
Help with personal care	979.0	0.5	249.4	0.9	48.8	0.8	23.5	0.2	1,300.6	0.6
Difficulty walking without equipment	3,275.4	1.8	785.4	2.8	96.1	1.5	69.2	0.6	4,226.2	1.8
Unable to work NOW due to health [3]	2,952.5	1.6	727.2	2.6	80.3	1.3	78.4	0.7	3,838.3	1.6
Limited in kind or amount of work	1,732.5	1.0	260.0	0.9	41.2	0.7	28.6	0.3	2,061.3	0.9

	Adults Reporting Limitation Due to Any Medical Condition (4)								Total (in 1,000s)	Rate Per 100 Population [2]
	White (in 000s)	Rate Per 100 Population [2]	Black (in 1,000s)	Rate Per 100 Population [2]	Asian (in 1,000s)	Rate Per 100 Population [2]	Other or Mixed (in 1,000s)	Rate Per 100 Population [2]		
Any limitation	32,987.6	18.2	6,017.0	21.8	1,107.2	17.6	713.3	6.3	40,825.1	17.4
Need help with routine needs	7,587.8	4.2	1,444.3	5.2	332.8	5.3	156.9	1.4	9,521.7	4.0
Help with personal care	4,176.4	2.3	930.3	3.4	209.7	3.3	74.9	0.7	5,391.3	2.3
Difficulty walking without equipment	10,441.0	5.8	2,159.8	7.8	361.2	5.7	174.2	1.5	13,136.2	5.6
Unable to work NOW due to health [3]	13,941.3	7.7	2,937.4	10.7	430.9	6.8	308.2	2.7	17,617.8	7.5
Limited in kind or amount of work	8,226.4	4.5	1,165.1	4.2	244.8	3.9	126.7	1.1	9,763.0	4.2

	Proportion of Adults With Limitations Due to Self-Reported Doctor-Diagnosed Arthritis					Total
	White	Black	Asian	Other or Mixed		
Any limitation	18%	21%	16%	18%	19%	
Need help with routine needs	27%	31%	24%	28%	27%	
Help with personal care	23%	27%	23%	31%	24%	
Difficulty walking without equipment	31%	36%	27%	40%	32%	
Unable to work NOW due to health [3]	21%	25%	19%	25%	22%	
Limited in kind or amount of work	21%	22%	17%	23%	21%	

[1] Responded "yes" when asked: Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

[2] Based on U.S. Census of Population estimate for July 1, 2010, for racial group.

[3] Adjusted to working age population aged 18 and older.

(4) Responded "yes" when asked if have a medical condition, including circulatory (coronary, heart), respiratory, musculoskeletal, hearing trouble, seeing trouble, emotional disorder, mental health disorder, diabetes, cancer, recurring severe headaches, cognitive function issue, or sleeping issue. Respondents may indicate more than one medical condition.

Source: National Health Interview Survey (NHIS)\_Adult sample, 2010-2012. [www.cdc.gov/nchs/nhis/nhis\\_2012\\_data\\_release.htm](http://www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm) July 2, 2013.