Table 2.8: Trends in Physician Visits for Back Pain, United States 1998-2010

## **Physician Visits for Back Pain**

	Total Number of Visits with Diagnoses (in 000s)									
	1998	<u>2000</u>	2002	<u>2004</u>	<u>2006</u>	2008	<u>2010</u>			
Physician Visits for Lumbar/Low B	Back Pain									
Back Disorders	15,855.0	16,151.1	20,040.2	21,813.3	24,067.4	28,248.1	31,196.4			
Disc Disorders	3,004.1	3,727.5	4,997.5	6,497.3	6,977.5	5,267.3	8,723.9			
Back Injury	5,252.3	6,835.0	7,351.4	5,454.2	6,888.6	2,966.7	4,929.1			
Total, Back Pain	23,037.0	25,018.9	29,145.6	31,539.9	34,944.7	34,064.7	40,903.3			
Physician Visits for Cervical/Neck	. Pain									
Neck Disorders	4,337.3	4,806.5	6,691.6	8,637.7	6,221.8	7,419.1	8,764.9			
Disk Disorders	567.5	867.9	1,266.0	1,689.6	1,528.7	1,730.5	2,103.1			
Neck Injury	4,324.2	2,936.2	4,776.9	3,444.8	2,211.1	10,642.4	2,317.7			
Total, Cervical Back Pain	8,922.2	8,266.3	11,726.9	13,104.0	9,513.1	10,642.4	16,310.5			
Physician Visits for Back Pain (Lu	mbar and Cervical) [1]									
Total Visits	31,959.2	33,285.2	40,872.5	44,643.9	44,457.8	43,014.1	50,656.9			

	Rate of Physician Visits for Back Pain per 100 Persons [2]									
	<u>1998</u>	2000	<u>2002</u>	<u>2004</u>	<u>2006</u>	2008	<u>2010</u>			
Physician Visits for Lumbar/Low B	ack Pain									
Back Disorders	5.9	5.7	6.9	7.4	8.1	9.4	10.1			
Disc Disorders Back Injury	1.1 1.9	1.3 2.4	1.7 2.5	2.2 1.8	2.3 2.3	1.8 1.0	2.8 1.6			
								Гotal, Back Pain	8.5	8.8
Physician Visits for Cervical/Neck	Pain									
Cervical Disorders	1.6	1.7	2.3	2.9	2.1	2.5	2.8			
Disk Disorders	0.2	0.3	0.4	0.6	0.5	0.6	0.7			
Neck Injury	1.6	1.0	1.6	1.2	0.7	3.6	0.8			
Total, Cervical Back Pain	3.3	2.9	4.0	4.4	3.2	3.6	5.3			
Physician Visits for Back Pain (Lun	nbar and Cervical)									
Total Visits	11.8	11.7	14.0	15.1	14.9	14.4	16.4			

<sup>[1]</sup> Total visits may be lower than sum of diagnoses due to multiple diagnoses per patient.

Source: National Ambulatory Medical Care Survey (NAMCS) 1998-2010. www.cdc.gov/nchs/ahcd/ahcd\_questionnaires.htm April 23, 2013.

<sup>[2]</sup> Adjusted to 2010 U.S. Census Population Estimates. There is the potential for multiple diagnoses per person which is not accounted for.