Table 2.17: Health Care Visits for Ruptured Spinal Disc and Spinal Diskectomy Procedures, by Sex and Age, United States 2010/2011

|  | Total Number of Spinal Diagnosis (in 000s) |         |         |         |         |       |           |                |                        | Mann Longth                         |                             |
|--|--|---------|---------|---------|---------|-------|-----------|----------------|------------------------|-------------------------------------|-----------------------------|
| Health Care Visits for Ruptured (Herniated) Spine Diagnosis [1]                    | Sex  |         |         | Age     |         |       |           | % of Total     | Mean Length<br>of Stay | Mean Charges                        |                             |
|  | Total                                      | Male    | Female  | 18-44   | 45-64   | 65-74 | 75 & over | Average<br>Age | Visits                 | (in days)                           |                             |
| Hospital Discharges [2]  | 378.9                                      | 184.4   | 193.2   | 105.8   | 175.6   | 57.9  | 38.4      | 49.6           | 8.2%                   | 4.6                                 | \$ 56,134                   |
| Hospital Emergency Department Visits [3]   | *  | *       | *       | *       | *       | *     | *         | *              | *                      | NA                                  | NA                          |
| Hospital Outpatient Visits [4]   | 175.7                                      | 79.4    | 96.3    | 60.0    | 67.9    | 32.3  | 11.9      | 51.7           | 3.8%                   | NA                                  | NA                          |
| Physician Office Visits [5]  | 4,042.8                                    | 1,809.3 | 2,333.5 | 1,790.8 | 1,483.2 | 288.8 | 304.0     | 45.9           | 87.9%                  | NA                                  | NA                          |
| All Ruptured Spine Diagnoses   | 4,597.4                                    | 2,073.1 | 2,623.0 | 1,956.6 | 1,726.7 | 379.0 | 354.3     |                | 100.0%                 |                                     |                             |
| Percent of Total   |  | 44.1%   | 55.9%   | 44.3%   | 39.1%   | 8.6%  | 8.0%      |                |                        |                                     |                             |
| Spinal Diskectomy Procedure [6]  |  |         |         |         |         |       |           |                |                        | Mean Length<br>of Stay<br>(in days) | Mean Charges                |
| Hospital Discharges [2]  | 369.9                                      | 179.9   | 188.8   | 90.6    | 183.0   | 66.2  | 28.3      | 49.6           |                        | 4.6                                 | \$ 35,012                   |
| Percent of Total Discharges  |  | 48.8%   | 51.2%   | 24.6%   | 49.7%   | 18.0% | 7.7%      |                |                        |                                     |                             |
| Proportion of Inpatient [1] Diskectomy Procedures with<br>Ruptured Spine Diagnosis | 59%  | 60%     | 55%     | 62%     | 59%     | 56%   | 37%       |                |                        |                                     | Total<br>Procedures<br>Cost |
| Total Hospital Charges for Diskectomy Procedures (in millions)                     |  |         |         |         |         |       |           |                |                        |                                     | \$ 12.95                    |

<sup>\*</sup> Estimate does not meet standards for reliability.

<sup>[1]</sup> ICD-9-CM diagnosis codes: 722.00, 722.10, 722.11, 722.20, 722.70, 722.71, 722.72, 722.73.

<sup>[2]</sup> Source: HCUP Nationwide Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP). 2011. Agency for Healthcare Research and Quality, Rockville, MD. www.hcup-us.ahrq.gov/nisoverview.jsp

<sup>[3]</sup> Source: National Hospital Ambulatory Medical Care Survey\_Emergency Department (NHAMCS\_ED), 2010. <a href="https://www.cdc.gov/nchs/ahcd/ahcd\_questionnaires.htm">www.cdc.gov/nchs/ahcd/ahcd\_questionnaires.htm</a> April 23, 2013.

<sup>[4]</sup> Source: National Hospital Ambulatory Medical Care Survey\_Outpatient Department (NHAMCS\_OP), 2010. <a href="www.cdc.gov/nchs/ahcd/ahcd\_questionnaires.htm">www.cdc.gov/nchs/ahcd/ahcd\_questionnaires.htm</a> April 23, 2013.

<sup>[5]</sup> Source: National Ambulatory Medical Care Survey (NAMCS), 2010. www.cdc.gov/nchs/ahcd/ahcd\_questionnaires.htm. April 23, 2013.

<sup>[6]</sup> ICD-9-CM procedure codes: 805.00, 805.10.