

Table 2.11.1: Bed and Lost Work Days Associated with Back Pain for Persons Aged 18 and Over in Workforce Previous 12 Months, by Sex, United States 2012

	Incidence of Reported Condition (in 000s) [1]	% of Workforce	Incidence of Bed Days (in 000s) [2]	% of Workforce	Average Number of Bed Days in Past 12 Months	Total Bed Days (in 000s)	Incidence of Lost Work Days (in 000s) [3]	% of Workforce	Average Number of Work Days Lost in Past 12 Months	Total Lost Work Days (in 000s)
Back/Neck Problem Causes Difficulty with Activity										
Male	5,235	6.3%	2,559	3.1%	13.8	35,314	2,772	3.3%	22.9	261,610
Female	5,679	7.5%	3,156	4.2%	10.2	32,191	3,493	4.6%	12.9	181,748
Total	10,915	6.9%	5,715	3.6%	11.8	67,437	6,265	3.9%	17.3	441,375
Neck Pain in Past 3 Months										
Male	8,318	10.0%	3,870	4.7%	8.8	34,056	4,427	5.3%	14.9	65,962
Female	11,641	15.4%	6,345	8.4%	9.8	62,181	6,562	8.7%	13.4	87,931
Total	19,960	12.6%	10,216	6.4%	9.4	96,030	10,989	6.9%	14.0	153,846
Low Back Pain in Past 3 Months										
Male	19,396	23.4%	8,022	9.7%	7.2	57,758	9,670	11.6%	11.3	109,271
Female	20,268	26.8%	10,473	13.8%	8.2	85,879	11,240	14.9%	11.1	124,764
Total	39,664	25.0%	18,495	11.7%	7.7	142,412	20,911	13.2%	11.2	234,203
Radiating Leg Pain (with Low Back Pain)										
Male	5,041	6.1%	2,426	2.9%	10.4	25,230	2,774	3.3%	17.5	48,545
Female	6,074	8.0%	3,322	4.4%	11.1	36,874	3,227	4.3%	17.3	55,827
Total	11,114	7.0%	5,748	3.6%	10.8	62,078	6,001	3.8%	17.4	104,417
All Spine Pain or Problems										
Male	23,109	27.8%	9,418	11.3%	7.4	69,693	11,424	13.8%	11.9	135,946
Female	25,369	33.5%	13,049	17.2%	7.8	101,782	14,089	18.6%	11.0	154,979
Total	48,477	30.6%	22,467	14.2%	7.6	170,749	25,513	16.1%	11.4	290,848
	TOTAL		Male	Female						
Population in Workforce (in 000s)	158,677.6		83,018.2	75,659.4						
2010 US Population by Age Group	235,205.7		114,177.3	121,028.0						
% Population in Workforce	67%		73%	63%						

[1] Replied "yes" when ask "During the PAST THREE MONTHS, did you have ...Low back pain?/ Neck pain?"

[2] A bed day is defined as 1/2 or more days in bed due to injury or illness in past 12 months, excluding hospitalization.

[3] A missed work day is defined as absence from work due to illness or injury in the past 12 months, excluding maternity or family leave.

Source: National Health Interview Survey (NHIS)_Adult sample, 2012. www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm July 2, 2013.