

Table 9B.2.1: Self-Reported Spine Conditions for Persons Age 18 and Over, by Age, United States 2012

SELF-REPORTED BACK PAIN [1]	18-44	45-64	65-74	75 & over	Total Age 18 & Over
Lower Back [2]	24.5	32.7	31.8	31.3	
Neck [3]	12.2	19.2	15.8	14.0	
Back w/ Radiating Leg Pain [4]	6.8	14.1	12.6	12.2	
Persons Reporting Limitation Due to Chronic Back or Neck Problems (in 000s)					
LIMITATIONS IN ADL [1, 5]	18-44	45-64	65-74	75 & over	Total Age 18 & Over
Any limitation	1,388.2	4,452.2	1,409.9	1,151.5	8,401.8
Need help with routine needs	314.5	1,072.1	339.7	500.4	2,226.7
Help with personal care	141.9	454.4	145.5	233.2	975.0
Difficulty walking without equipment	402.0	1,607.5	619.7	770.3	3,399.5
Unable to work NOW due to health	752.9	2,838.8	627.4	460.4	4,679.4
Limited in kind or amount of work	457.2	1,223.3	567.3	359.5	2,607.4
Rate of Limitation Due to Chronic Back or Neck Problem Per 100 Population [6]					
Any limitation	1.2	5.4	6.5	6.2	3.6
Need help with routine needs	0.3	1.3	1.6	2.7	0.9
Help with personal care	0.1	0.6	0.7	1.3	0.4
Difficulty walking without equipment	0.4	2.0	2.8	4.1	1.4
Unable to work NOW due to health	0.7	3.5	2.9	2.5	2.0
Limited in kind or amount of work	0.4	1.5	2.6	1.9	1.1
Proportion of All Persons With Limitations Where Limitations Are Due to Chronic Back or Neck Problems					
Any limitation	21%	31%	24%	15%	21%
Need help with routine needs	20%	36%	24%	14%	23%
Help with personal care	20%	29%	19%	12%	18%
Difficulty walking without equipment	35%	36%	26%	16%	26%
Unable to work NOW due to health	21%	33%	25%	17%	27%
Limited in kind or amount of work	23%	33%	29%	16%	27%
BED AND LOST WORK DAYS [1]					
	18-44	45-64	65-74	75 & over	Total Age 18 & Over
Bed Days [7] Due to Spine Pain or Problems [8] for Persons Aged 18 and Over					
Persons Reporting Bed Days (in 000s)	12,647	8,890	838	93	22,467
% of Workforce with Bed Days	14.2%	14.6%	11.9%	6.3%	14.2%
Mean Bed Days	7.0	8.4	7.9	12.7	7.6
Total Bed Days (in millions)	88.5	74.7	6.6	1.2	170.7
% of Total Bed Days	51.8%	43.7%	3.9%	0.7%	
Lost Work Days [9] Due to Spine Pain or Problems [8] for Persons Aged 18 and Over					
Persons Reporting Lost Work Days (in 000s)	14,253	10,422	758	80	25,513
% of Workforce with Lost Work Days	16.0%	17.1%	10.8%	5.5%	16.1%
Mean Work Days Lost	9.5	14.0	8.8	14.2	11.4
Total Work Days Lost (in millions)	135.4	145.9	6.7	1.1	290.8
% of Total Lost Work Days	46.6%	50.2%	2.3%	0.4%	

[1] **Source:** National Health Interview Survey (NHIS)_Adult sample, 2012. www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm July 2, 2013.

[2] "During the PAST THREE MONTHS, did you have ...Low back pain?"

[3] "During the PAST THREE MONTHS, did you have ...Neck pain?"

[4] If low back pain, "Did this pain spread down either leg to areas below the knees?" Rate in population is found by multiplying lower back pain rate by radiating leg pain rate.

[5] Activities of Daily Living (ADL)

[6] Based on U.S. Census of Population estimate for July 1, 2010, for age group. Adjusted to working age population aged 18 and older.

[7] A bed day is defined as 1 or more days in bed due to injury or illness in past 12 months, excluding hospitalization.

[8] Replied "yes" when ask "During the PAST THREE MONTHS, did you have ...Low back pain?/ Neck pain?"

[9] A missed work day is defined as absence from work due to illness or injury in the past 12 months, excluding maternity or family leave.