

Table 9A.1: Self-Reported Musculoskeletal Conditions, by Sex, United States 2012

	Total Persons With Condition Aged 18 & Over (in millions)			Prevalence Per 100 Persons in Sex Group		
	Male	Female	Total	Male	Female	Total
Prevalence and Age-Adjusted Rate of Self-Reported Select Medical Conditions [1]						
Musculoskeletal	58.023	68.624	126.647	51.3	56.3	53.9
Chronic Joint Pain	28.044	35.041	63.085	24.8	28.8	26.9
Arthritis	20.878	30.951	51.830	18.5	25.4	22.1
Neck Pain (Cervical Back Pain)	13.102	20.414	33.515	11.6	16.8	14.3
Lower Back Pain (Lumbar Back Pain)	29.124	36.699	65.823	25.8	30.1	28.0
Lower Back Pain Spreading Below Knee	9.374	13.516	22.890	8.3	11.1	9.7
Prevalence of Chronic Joint Pain [1] by Joint						
Knee	17.552	22.442	39.994	15.5	18.4	17.0
Shoulder	9.057	9.685	18.742	8.0	7.9	8.0
Hip	5.577	9.726	15.303	4.9	8.0	6.5
Fingers	5.224	9.169	14.393	4.6	7.5	6.1
Ankle	5.413	7.683	13.096	4.8	6.3	5.6
Wrist	4.529	6.842	11.370	4.0	5.6	4.8
Elbow	4.558	5.103	9.661	4.0	4.2	4.1
Toes	2.221	3.804	6.026	2.0	3.1	2.6
Other Joint	1.225	2.114	3.339	1.1	1.7	1.4
All Chronic Joint [2]	28.044	35.041	63.085	24.8	28.8	26.9
Self-Reported Limitations in Activities of Daily Living for Persons Due to Select Medical Conditions						
Musculoskeletal [3]	7,521	10,690	18,211	5.0	6.8	5.9
Cause of Self-Reported Limitations in Activities of Daily Living for Persons Due to Musculoskeletal Condition						
Back or Neck Problem [4]	3,999	4,555	8,554	3.5	3.7	3.6
Arthritis or Rheumatism [4]	2,553	5,297	7,850	2.3	4.3	3.3
Musculoskeletal/Connective Tissue Problem [4]	1,178	2,972	4,150	1.0	2.4	1.8
Fracture, Bone/Joint Injury [4]	1,627	1,692	3,319	1.4	1.4	1.4
Missing or Amputated Limb/Finger/Digit [4]	276	98	374	0.2	0.1	0.2
Bone, Joint, or Muscle Problem [5]	134	*	217	0.4	*	0.3
Total All Musculoskeletal Conditions	7,521	10,690	18,211	5.0	6.8	5.9
Bed Days [6] Due to Musculoskeletal Injuries or Conditions [7] for Persons Age 18 and Over						
Persons Reporting Bed Days (in 000s)	23,477	34,077	57,554			
Mean Bed Days	8.2	9.9	9.2			
Total Bed Days (in millions)	192.0	336.3	528.3			
Lost Work Days [8] Due to Musculoskeletal Injuries or Conditions for Persons Age 18 and Over						
Persons Reporting Lost Work Days (in 000s)	12,698	15,378	28,076			
Mean Work Days Lost	8.0	7.5	7.7			
Total Work Days Lost (in millions)	102.0	114.6	216.5			

* Data does not meet standards for reliability.

[1] Symptoms lasting 3 months or longer.

[2] Chronic pain in multiple joints may be reported.

[3] Includes arthritis/rheumatism condition, back or neck problem, fracture/bone/joint injury, musculoskeletal/connective tissue condition, missing or amputated limb/finger/digit; in 0-17 population defined as injury or bone/joint/muscle problem.

[4] Question asked for persons aged 18 years and older.

[5] Question asked for persons aged 0 thru 17 years.

[6] A bed day is defined as 1/2 or more days in bed due to injury or illness in past 12 months, excluding hospitalization.

[7] Caused by: "Fracture/bone/joint injury; Back/neck problem; Arthritis/rRheumatism; Amputated limb/finger/digit; or Musculoskeletal /connective tissue problem."

[8] A missed work day is defined as absence from work due to illness or injury in the past 12 months, excluding maternity or family leave.

Source: National Health Interview Survey (NHIS)_Adult sample. www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm July 2, 2013.