

Table 2.11.2: Bed and Lost Work Days Associated with Back Pain for Persons Aged 18 and Over in Workforce Previous 12 Months, by Age, United States 2012

	Incidence of Reported Condition (in 000s) [1]	% of Workforce	Incidence of Bed Days (in 000s) [2]	% of Workforce	Average Number of Bed Days in Past 12 Months	Total Bed Days (in 000s)	Incidence of Lost Work Days (in 000s) [3]	% of Workforce	Average Number of Work Days Lost in Past 12 Months	Total Lost Work Days (in 000s)
Back/Neck Problem Causes Difficulty with Activity										
18-44	4,659	5.2%	2,768	3.1%	12.8	35,430	2,946	3.3%	17.2	50,671
45-64	5,451	8.9%	2,662	4.4%	10.5	27,951	3,074	5.0%	18.3	56,254
65-74	692	9.8%	267	3.8%	15.3	4,085	231	3.3%	5.5	1,271
75 & Older	113	7.7%	19	1.3%	9.4	179	14	1.0%	4.2	59
Total	10,915	6.9%	5,715	3.6%	11.8	67,437	6,265	3.9%	17.3	108,385
Neck Pain in Past 3 Months										
18-44	9,858	11.0%	5,581	6.3%	9.2	51,345	5,906	6.6%	12.3	72,644
45-64	9,161	15.0%	4,202	6.9%	10.1	42,440	4,736	7.8%	16.3	77,197
65-74	845	12.0%	404	5.7%	6.6	2,666	320	4.5%	11.6	3,712
75 & Older	96	6.5%	29	2.0%	14.7	426	26	1.8%	23.1	601
Total	19,960	12.6%	10,216	6.4%	9.4	96,030	10,989	6.9%	14.0	153,846
Low Back Pain in Past 3 Months										
18-44	20,806	23.3%	10,434	11.7%	7.3	76,168	11,785	13.2%	9.8	115,493
45-64	16,752	27.5%	7,341	12.0%	8.3	60,930	8,454	13.9%	13.3	112,438
65-74	1,753	24.9%	639	9.1%	7.9	5,048	610	8.7%	8.2	5,002
75 & Older	353	24.1%	81	5.5%	11.9	964	62	4.2%	15.0	930
Total	39,664	25.0%	18,495	11.7%	7.7	142,412	20,910	13.2%	11.2	234,192
Radiating Leg Pain (with Low Back Pain)										
18-44	4,767	5.3%	2,714	3.0%	10.4	28,226	2,763	3.1%	15.6	43,103
45-64	5,755	9.4%	2,784	4.6%	11.4	31,738	3,015	4.9%	19.3	58,190
65-74	480	6.8%	212	3.0%	8.9	1,887	185	2.6%	11.9	2,202
75 & Older	112	7.6%	38	2.6%	5.6	213	38	2.6%	17.9	680
Total	11,114	7.0%	5,748	3.6%	10.8	62,078	6,001	3.8%	17.4	104,417
All Spine Pain or Problems										
18-44	25,052	28.1%	12,647	14.2%	7.0	88,529	14,253	16.0%	9.5	135,404
45-64	20,756	34.1%	8,890	14.6%	8.4	74,676	10,422	17.1%	14.0	145,908
65-74	2,258	32.0%	838	11.9%	7.9	6,620	758	10.8%	8.8	6,670
75 & Older	411	28.0%	93	6.3%	12.7	1,181	80	5.5%	14.2	1,136
Total	48,477	30.6%	22,467	14.2%	7.6	170,749	25,513	16.1%	11.4	290,848
Population in Workforce (in 000s)										
	TOTAL		18-44	45-64	65-74	75 & over				
Population in Workforce (in 000s)	158,677.6		89,216.5	60,942.5	7,050.8	1,467.8				
2010 US Population by Age Group	235,205.7		112,956.5	81,772.3	21,856.6	18,620.2				
% Population in Workforce	67%		79%	75%	32%	8%				

[1] Replied "yes" when ask "During the PAST THREE MONTHS, did you have ...Low back pain?/ Neck pain?"

[2] A bed day is defined as 1/2 or more days in bed due to injury or illness in past 12 months, excluding hospitalization.

[3] A missed work day is defined as absence from work due to illness or injury in the past 12 months, excluding maternity or family leave.

Source: National Health Interview Survey (NHIS)_Adult sample, 2012. www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm July 2, 2013.